



**Equine-Assisted Therapies**  
of South Florida, Inc.  
*Creating a path to unbridled moments. Witness the magic.*

### Program Services Guide



Riding/Mounted Programs			
Program Name	Goals/Benefits	Length of Lesson/Session	Cost
Therapeutic Riding	Individuals ages 4+ learn how to ride a horse. Physical, cognitive, social, and emotional benefits achieved in group lesson with up to 4 participants; provided by a Certified Therapeutic Riding Instructor.	45 - 60 minutes/week (including mounting and dismounting)	\$600/10 weeks Financial assistance available
Hippotherapy	One-on-one physical therapy using the horse as a partner to meet individual treatment goals in a one-on-one setting; provided by a Physical Therapist.	30 minutes/week (including mounting and dismounting)	\$1,750/10 weeks Financial assistance available
Ground/Unmounted Programs			
Unmounted Horsemanship	Individuals ages 4+ learn about the horse and horse care. Self-confidence, communication, and social skills achieved in group lesson with up to 4 participants; provided by a Certified Therapeutic Riding Instructor.	45 - 60 minutes/week	\$600/10 weeks Financial assistance available
Individual Equine-Assisted Psychotherapy	One-on-one mental health treatment using the horse as a partner to meet individual treatment goals in a one-on-one setting; provided by a licensed mental health professional and equine specialist.	60 minutes/week	\$2,500/10 weeks
Group Equine-Assisted Psychotherapy (Nonprofit or Corporate Partners & Veterans)	Individuals ages 7+ increase connection with themselves and others. Stress levels, confidence and boundaries are practiced with the help of the horse as a partner in service to the group. Helps with anxiety/depression, substance abuse, trauma, and PTSD symptoms.	90 minutes/week	Price dependent on group

Equine-Assisted Therapies of South Florida does not perform any third-party medical billing. Financial assistance is offered once services can be guaranteed for the following programs: Therapeutic Riding, Hippotherapy, and Unmounted Horsemanship. A \$25.00 fee is required to process a Program Application OR a \$50.00 evaluation fee for the Equine-Assisted Psychotherapy program.